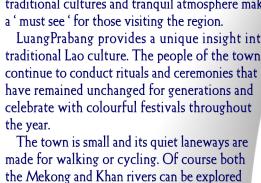
LUANG PRABANG

Luang Prabang in the north of Laos is renowned for its outstanding cultural and natural beauty. The old capital of the Lane Xang Kingdom and World Heritage Site lies on a peninsula at the confluence of the Mekong and Khan rivers, lush with palm trees and dense tropical foliage in a mountainous landscape. The town is one of the best preserved places in Southeast Asia and its beautifully restored temples, period buildings, traditional cultures and tranquil atmosphere make it

LuangPrabang provides a unique insight into traditional Lao culture. The people of the town





Night Market

This atmospheric market on the main road in the center of

Luang Prabang sells a large variety of local textiles and ethnic Lao handicrafts. It opens every evening from 5:00 pm until 10:00 pm.



Kuang Si and Tad Sae Waterfalls

There are several waterfalls around LuangPrabang. The largest and most dramatic ones are Kuang Si, about 30 kilometers southwest of the town and Tad Sae. 15 kilometers southeast. Both are perfect places for a

swim or picnic and accessible by boat or car. There is a Bear Rescue center





at Tad Kuang Si and elephants can be seen at Tad Sae.

National Museum

Built in a style inspired by European and temple architecture, the former king's palace houses a collection of royal and religious artifacts including

the 'Pha Bang', the 14th century Buddha image from which Luang Prabang derives its name.





Phou Si Stupa

Also known as Wat That Chomsi, this golden stupa is located at the top of Phou Si, the prominent hill in the center of Luang Prabang. Forested

with Frangipani and Hibiscus, t provides magnificent views cross the town.





Wat Xieng Thong

LuangPrabang's oldest and most magnificent temple is a prime example of the 'LuangPrabang' style of temple architecture. It is part of a comple

barge house and several beautifully decorated shrines.





Morning Alms Giving Ceremony

Every morning the people of Luang Prabang line the streets to offer food and pay respect to monks who form a procession through

the town. This beautiful yet solemn religious ceremony is an important aspect of Lao life and heritage.





Tam Ting (PakOu Cave)

Carved into the rock at the confluence of the Mekong and Ou Rivers, 25 kilometers upstream from LuangPrabang

Tam Ting, a cave and shrine filled with Buddha images. Tam Ting is easily accessible by boat and car





Luang Prabang is served by Lao Airlines, Thai Airways, Bangkok Airways and Vietnam Airlines, with regular service to Vientiane, Pakse, Siem Reap, Chiang Mai, Bangkok, Hanoi and Jinghong.

By bus

Southern bus station: To Vientiane, Vangvieng, Xiengkhuang (Phonsavanh)

Northern bus station: To Oudomxai, Nongkhiaw, Pakmong, Nambak, Viengkham, HoauPhan and Luangnamtha, Bokeo, Phongsalv.

Minivan station: International route: to Hanoi, Vinh, Hue, Dienbienphu, Kounming, Jinghong, Chiang Mai, Chiang Rai, Chiang Khong, Loei. Domestick Route: to Luangnamtha, NongKhiaw, Phonsavanh, Vangvieng, Vientiane.

Slow boat: To Houayxay, Pakbeng, Thasoung, Meuangkhuea, Nongkhiaw, Thadeu and Paklay.

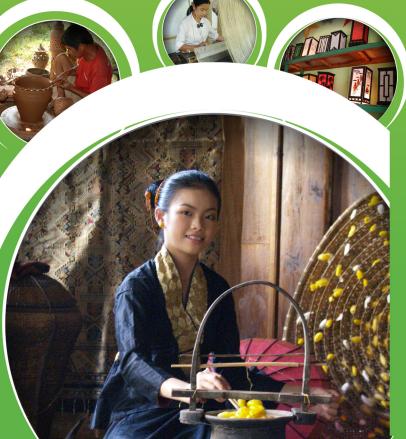
VILLAGES

Ban Phanom, a few kilometers from LuangPrabang town center is well known for its Tai Leu textiles and traditional wooden houses.

Ban XiengMene, across the Mekong from LuangPrabang is a good starting point for exploring the villages and temples in the area and has splendid views of the World Heritage Town.

Ban Chan, downstream from Xieng Mene is well known for its pottery and clay roof tiles used on traditional buildings in Luang Prabang.

Ban XiengLek and Ban Xang Khong, upstream from LuangPrabang are centers for traditional crafts including weaving, drum and mulberry bark paper making.



FESTIVALS AND HOLIDAYS IN LUANG PRABANG

January: BounKhounKhao

After the rice has been harvested the BounKhounKhao festival is held to give thanks to the spirit of the land and ensure the next harvest will be plentiful.

This is a temple based festival where the story of Prince Vestsantara (the Buddha's penultimate life) is recited. The festival lasts 3 days.

February: Boun Makha Bousa

Held during the full moon this festival commemorates the speech given by Buddha to 1,250 enlightened monks.

April: BounPimaiLao

This is the Lao New Year Festival held in mid-April for three days celebration of watering.

May: Boun Visakha Bousa

This festival falls on the fifteenth day of the sixth lunar month and cele birth, death and tatsahou (enlightenment) of Buddha

Boun Bang Fai

Held just before the rainy season, rockets are fired to tempt the gods to produce rain needed for rice. Held in MuangNan district it takes about 3 hours from the south of LuangPrabang city by road.

July: BounKhaoPhansa

Held on the full moon, this festival marks the beginning of Buddhist lent, the three month period of monastic seclusion and meditation in the Wat (temple) during the rainy season.

August: BounKhaoPadabDinh

Held on the full moon, this festival is held during the ninth Budd and pays tribute to the Naga. The annual boat races are part of this festival.

September: BounKhaoSalak

This full moon festival involves the presentation of offerings to a specific monk decided by a lottery system). The ritual brings merit to the givers.

October: Boun Ock Phansa

This is a full moon ceremony ending the rainy season of monastic seclusion (lent). The festival also involves launching candle-lit offerings on the river at night.

Boun Lai Heua Fai

This is a festival to ask the Naga (water spirits) to bring good luck. Lantern boats are paraded through town and at night launched onto the river, ceremonially set on fire as offerings to the spirits.

December: Kin Chiang (Hmong Festival)

In December the province's various ethnic minorities, most notably the Hmong, cerebrate the past year harvest and new lunar year with weeklong celebrations.

Boun Pot Py or BounKreu (Khmu New Year)

This festival celebrates the previous year's harvest and welcomes in the New Year. It involves traditional singing, dancing as well as Khmu food and pottery alcohol.





