

OFFICE DE TOURISME

BRETAGNE
CÔTE DE GRANIT
ROSE

CULTIVER L'ESSENTIEL

BRETAGNE ^{DE}

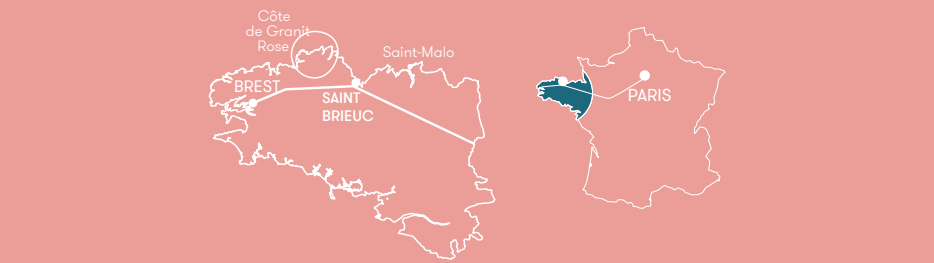
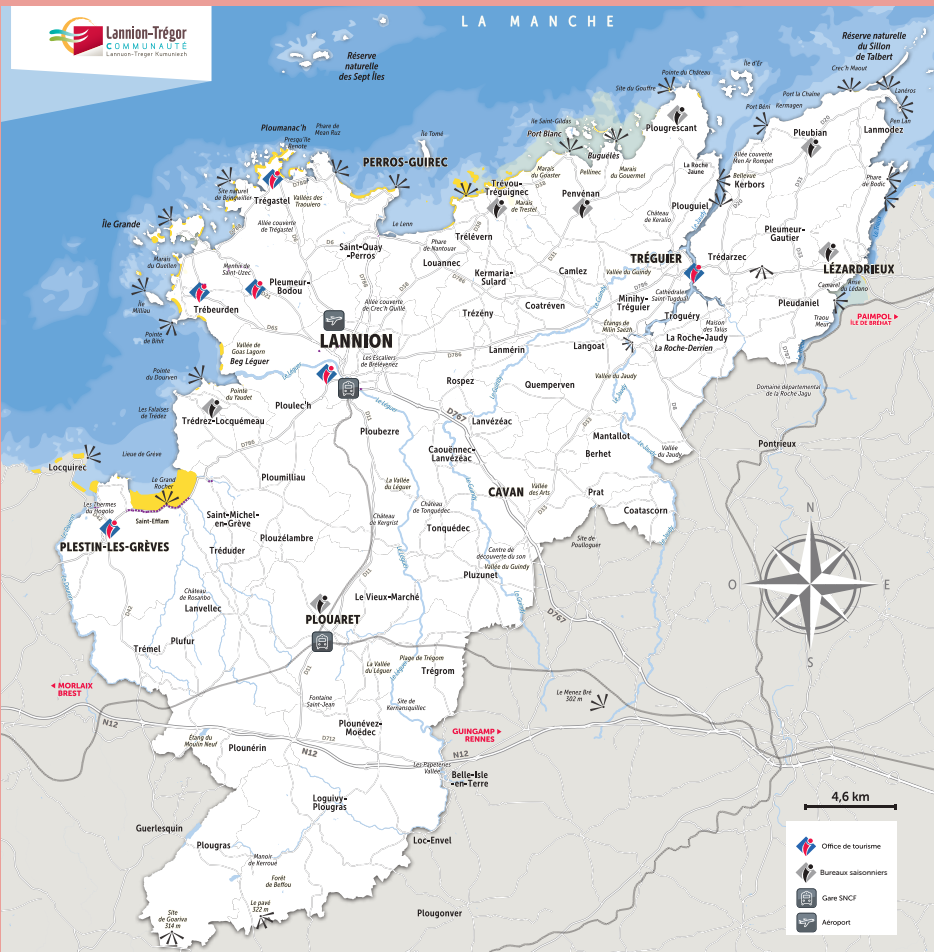


HOLIDAY GUIDE

Brittany Pink Granite Coast



www.brittany-pinkgranitcoast.co.uk



Office de Tourisme Bretagne Côte de Granit Rose - 1 rue Gaspard Monge 22300 Lannion • N° SIRET : 519 593 560 00013- Code APE : 7990 Z - TVA Intracommunautaire pour l'EPIC FR04 519 593 560
 Inscrit au registre des opérateurs de voyages et de séjours par Atout France n° : IM022100016
 Garantie financière apportée par Groupama Loire-Bretagne, avenue du grand Périgné - BP 40082 - 49070 Beaucouzé

Création mise en page et impression : Publi Trégor, Lannion : 02 96 48 41 66

Copyright photos : A. Lamoureux, l'œil de Paco, T. Poriel, Déclic Armor-S. Jouon, E. Berthier, A. Kozel, C. Brossard, E. Fournier, N. Toutain, F. Omnès, Planétarium de Bretagne, Village Gaulois, Centre de Découverte du Son, Warengem, Château de Kergrist, Golf de Saint-Sansom, Sant-C'hireg, Manoir de Goas Froment, AdobeStock,

WELCOME to the Pink Granite Coast !



~ Trébeurden and Milliau island ~

Thank you for choosing our beautiful region for your vacation. You are about to start an unforgettable holiday! In this recreational guide you will find a list of professionals that are committed to welcoming you in your own language and you will find numerous activities and tips.

Whether you are a family with children, a couple looking for peace and quiet, or a group of adventurous friends, there is something here for everyone : nature, cliffs, beautiful walks, sightseeing, festivals, local produce and gourmet food. There is so much to mention, so much to do in our region which is also known as the Trégor !

Please visit the Tourist Office for more ideas, where to go, what to do. We speak your language and offer non-stop WIFI access !

But the Tourist Office also provides you with a cultural agenda, music events, guided tours, maps, hiking trails, boat trips and reservations, time-tables, aquatic sports, market days in the area, special events, the absolute must-see's and must-do's, the most enjoyable wine-and-dine experiences, are all available in our shop ! We are eager to make

sure you won't miss out on anything during your stay with us, as you will get to know the locals.



Rent a bicycle through the Tourist Office and discover our unique landscape actively.

Explore the stunning coastline with its breathtaking views everywhere, identify the intriguing flora and fauna of our nature reserves and protected areas, take in the sun on sandy and pebbled beaches that can look so different with the change of tides. Or the mysterious stone formations, silent witnesses from an extinct culture that lived here thousands of years ago.

Visiting the **Pink Granite Coast** is an absolute highlight, but other parts in our region are equally worth a visit ! You will be surprised by the beauty and quietness of most nature parks or protected areas. A very well-kept secret for example, yet to be discovered, is the **Sillon de Talbert** : this phenomenon, a stretch of dunes that extends into the sea, unique in Europe, can only be visited at low tide.

The team of the tourist office



Strangely shaped boulders are everywhere on the Pink Granite Coast, sometimes balancing in surprising positions.

These expressive rock formations can be found on the whole coast and the locals have given the most important ones imaginative names, such as “the Bottle”, “the Dice”, “the Painter’s palette” and “Father Trébeurden”.

According to geologists, the weather carefully carved the pink granite

boulders in the shape as we see them today over a period of 300 million years.

Water filtered into them, altered the rocks, and produced this unique landscape as we know now.

The origin of their colour lies in the slow geological cooling down process of the subsoil which assembled large grains of mica, grey quartz and feldspar. And that turned out to be a unique combination: the Pink Granite Coast was born.




40 outstanding points of interest marked with information posts and signs: magical viewpoints, heritage sites, standing stones, and much more.

Discover the delights of the Pink Granite Coast and don't miss a thing.

Download our free mobile app to help you plan your walks and get the most out of them. Locate, learn, listen, save and access more content. An experience to share with family, friends and other internet users.

Share your experience on social media and publish your best photos and videos on our website.

 granitrosetour.com

HERE, NATURE SURPASSES ITSELF



From the **Sillon de Talbert**, unique in Europe, or the cliffs that overlook the magnificent beach of la Lieue de Grève, landscapes here are very diverse. Beautiful walks or hikes are guaranteed !

At high or low tide, the scenery behind **le Grand Rocher**, a large rocky cliff with breathtaking views over the beach of Saint Eflam, changes constantly. Take the path that leads to the top, climb the steps and go through the forest to arrive at the viewpoint on its summit. Take in the view and experience how this environment inspired many before you!



A TASTE OF SPRAY AND FREEDOM

The Pink Granite Coast counts numerous beaches to share unforgettable moments with your **family**.

Surf the waves at Trestel, play volleyball on the Grève Blanche, jump of the diving board at Pors Termen, have fun on a sand yacht at St Eflam beach, climb the rocks at Pors Scaff... or relax among the creeks of Port Blanc and Pleubian. **Discover** the wideness of the seashore at low tide and go for some fishing on foot. Don't forget to check the tides timetable !

Buy your tickets for a boat trip at the Tourist Office to explore the 7 Îles, an archipelago just a few miles off the Pink Granite Coast. Amongst the **27 species of birds** nesting here you will find Atlantic puffins, gannets, guillemots, fulmars, kittiwakes and cormorants. A colony of grey seals also resides here. The series of rocky islets is the largest bird sanctuary in France ! A boat trip is also a **great opportunity** to see the Pink Granite Coast from the sea.



Observe the seabirds from a comfortable boat in the protected area of the 7 Îles.

This bird sanctuary was created in 1912 by the Society for the Protection of Birds (LPO) to put an end to the mass hunting of Atlantic puffins. In 1977, it was classified as a French nature reserve and it is as such the oldest nature reserve in France. It hosts the most important seabird colony in France.

SANT C'HIREG, Old cutter fishing boat



Discover the 7 Îles bird-sanctuary trip on a replica of a traditional lobster sailing boat from 1920. Join in to practice sailing techniques if you want to. On board, there is a friendly atmosphere. Stopover for lunch on the Île aux Moines, one of the isles.

+33 (0)637 781 719

santguirec.com

LPO, Society for the Protection of Birds



In this exhibit, discover the world of sea birds and the life on the seashore.

+33 (0)296 919 140

sept-iles.lpo.fr

ARMOR NAVIGATION, from Perros-Guirec or Trégastel



Comfortable bird-watching boat trips from April to October and during the holidays.

Observe marine birds at the heart of the natural reserve known as the archipelago of the 7 Îles.

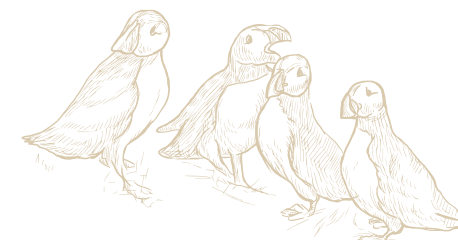
Two types of cruises:

- 2 hour boat trip :
7 Îles and the Pink Granite Coast.
- 2 ½ hour boat trip :
7 Îles, the pink Granite Coast and a stopover on the Île aux Moines.

In July and August, commentary is available in English on certain trips.

+33 (0)296 911 000

armor-navigation.com



FISHERMAN'S PARADISE



Whether in the interior, or by the seaside, the destination Brittany-Pink Granite Coast is home to many natural sites with remarkable biodiversity.

Thanks to this diversity, our bays, coasts, rivers, lakes and ponds are a kingdom for fishermen. Whether on the 11,500 hectares (28417 acres) of foreshore that can be discovered during low-tide or along the 786 km (488 miles) of streams and rivers that cross our destination, from their spring to the estuaries.



~ Port of Locquémeau ~

• Fishing on the Léguer river

Buy your freshwater fishing licence at the Tourist Office (Tourist Office Lannion, open all year round).

• Seaside fishing - Fishing on foot

You are very welcome to inquire about your fishing spot at the Tourist Office. We also provide for more detailed information on tides, prohibited zones or regulations and you can purchase a measuring ruler for your fishing on foot.

Don't let the rising tide surprise you while practising fishing on foot, always check the tide schedules. Also find out more on these websites :

For regulations  pecheapied-loisir.fr/english-summary

For sanitary state  pecheapied-responsible.fr/en

Foreshore emergency number  196

SEA FISHING GUIDE



• Aventure Pêche (Roscoff)

Discover the world of sea birds and the life on the seashore.

 +33 (0)642 849 551

 aventurepechebretagne.com

• Bleu Mer Pêche (Île Grande)

Improve your fishing techniques with an experienced guide in the great outdoors of the Pink Granite Coast.

Quality fishing material is provided.

 +33 (0)615 050 296

 pechemerbretagne.blogspot.com

FRESHWATER FISHING GUIDES



• Philippe Dolivet Brittany fly fishing

Instructor and fishing guide Philippe teaches you the subtleties of fly fishing. Quality fishing material is provided.

 +33 (0)642 039 366

 brittanyflyfishing.com

FORESHORE NATURE GUIDES



• Escapade Glaz

Explore the Pink Granite Coast between land and sea, accompanied by a professional guide who knows everything about edible seaweeds or how to catch a razor clam.

 +33 (0)652 533 105

 escapadeglaz.fr

• Presque'île Greeters

Inhabitants of the Lézardrieux peninsula with a passion for fishing on foot, invite you to explore the local foreshore together with them.

 +33 (0)296 221 645

 lezardrieux.greeters.fr

• Atelier Terra Maris

Great coastal and foreshore walking to discover the world of seaweeds and medicinal and aromatic plants.

 +33 (0)650 631 013

 atelierterramaris.com



BOTANICAL GARDENS AND NURSERIES

Do you want to meet flora and fauna enthusiasts or simply discover small heavenly corners featuring local and exotic plants ?



~ Jardins de Kestellic at Plouguiel ~

• Le Jardin de Pellinec (Penvénan)

Seven hectares (17 acres) of very diverse gardens. You can do the 'walk of the rhododendrons', stroll on the meadow of Magnolias or simply enjoy the Pond of Water Lilies. Very nice view towards a creek.

 le-jardin-de-pellinec.fr

• Lepage "Bord de Mer" nursery

(Pleumeur-Bodou)

This nursery does not use any chemicals and there is a wonderful botanical of 6000 m² (1,5 acres) garden with over 2000 trees, shrubs and perennials. Sale of plants.

 pepiniere-bretagne.fr

• Barnhaven Primroses (Plestin-les-Grèves)

Nursery specialised in primroses, hellebores and seed selections. Sale of plants.

 barnhaven.com

• Les Jardins de Kerfouler (Plouëc-du-Trieux)

Over 1,000 varieties of plants in this inspirational garden of 1 hectare (2,5 acres) Special trees, forgotten vegetables, exotic plants, beautiful flowers, many exceptional species! There are 14 gardens in total.

 les-jardins-de-kerfouler.co.uk/garden/

• Le Kestellic (Plouguiel)

This is a dog friendly botanical garden covering 7 hectares (17 acres) with a breathtaking view overlooking the Jaudy river towards the town of Tréguier. Here you will find exotic plants from all temperate zones on our planet.

 kestellic.fr/en/home

• Jardin Hortence (Pommerit-Jaudy)

Nursery specialised in hydrangeas and skimmias. The 13ha site offers a circuit accessible to walkers. Sale of plants.

 facebook.com/JardinHortence

• Les jardins de Kerdalo (Trédarzac)

The Russian prince and painter Peter Wolkonsky started Les Jardins de Kerdalo in 1965 on 17 hectares (42 acres) with ponds, waterfalls, pavilions and a grotto. A botanic symphony along the Jaudy river, situated opposite de town of Tréguier.

 lesjardinsdekerdalo.com

WALK ALONG THE GR34



~ Pointe de Bihit at Trébeurden ~

Since the 18th century coastguards worked from a trail with great views on bays and beaches to detect intruders like smugglers of products as wine, spirits, tobacco and tea. From the 1960s on this path has become a recreational walking path called the GR34. Locals love to go there for a stroll as the landscape changes with the seasons.

We recommend you to take in the beautiful scenery from this path.



Maps of walking itineraries are for sale in our tourist offices and on our website

It's an alternative means of transport with all the values that flow from it : active and ethical mobility, well-being and better living.

Opt for a gentle, non-polluting, silent and more economical mode of transport !

Rental point is the Tourist Office in your area. Each point has 2 to 8 bikes. (14 years minimum and reservation is advised).

To learn more about cycling in Brittany :

 lavelomaritime.fr

Discover our beautiful region by bike : get your edition of bike tours at the Tourist Office.



Bike circuit maps for sale in our tourist offices and on our website

RENT AN E-BIKE, RENT A VELEK'TRO !



LEARN ABOUT OUR REGION



Discover the many monuments around the area's paths and forests. These monuments have existed for centuries and are witness to a rich history.

Granite is everywhere here.

The gargoyles, the church towers, the Celtic crosses.... This massive rock contrasts with the details of the designs, stained glass windows and perfectly preserved statues.



CASTLE OF ROSANBO

Lanvellec



This castle and park, listed as a Historic Monument, tells the story of six centuries of [aristocratic] French history.

There are also exhibitions and numerous other activities during summer time. Texts of the visit available in English.

+33 (0)296 351 877

rosanbo.net

CASTLE OF TONQUÉDEC

Tonquédec



One of the most impressive medieval remains in our area. Settled in the middle of a marvellous forest on a rock dominating the Leguer river, it now stands as a proud witness of Brittany's Heritage and is a magnificent monument of military architecture from the Middle Ages. The castle regularly offers medieval reenactments. Check out their website for the schedule !

+33 (0)618 153 499

tonquedec.com

BEAUPORT ABBEY

Paimpol



Founded by the Premonstratensian order in 1202, the abbey built facing the sea became the property of the Conservatoire du Littoral (the French coastal protection agency) in 1992. From then on, 20 years of work would be necessary to save the monument and the mosaic of landscapes that surrounded.

The abbey can be visited all year round and offers a very rich cultural program.

+33 (0)296 551 858

abbayebeauport.com

CASTLE OF KERGRIST

Ploubezre



This castle is located near the Pink Granite Coast, between land and sea. The estate welcomes you all year round in a green setting, in a calm and peaceful environment.

On the outskirts of the castle, you will find the orangery in a unique landscape, in the heart of French-style gardens.

+33 (0)256 395 797

chateau2kergrist.fr

OUR TOWNS HAVE CHARACTER



Travel through time by visiting the **Cités de Caractère**, freely translated into English as “outstandingly picturesque towns”. First town on the list : **Tréguier**, historical capital of the Trégor, a town with spirit and generosity. Tréguier emits the aura of Saint Yves, advocate for the poor and patron of lawyers around the globe.

Stroll the charming streets, seek out the different painters that live in the town, gaze at the medieval timber houses in rue Ernest Renan. Visit the **cathedral** built in Gothic style with some Romanesque elements. Enter the cloister which is one of the most magnificent Gothic cloisters in France and end your trip with a visit of **Ernest Renan's childhood home**, philosopher and writer from the 19th century.



Next up : **La Roche-Derrien**, a town built in the 11th century on a rocky headland overlooking the Jaudy estuary. As an old fort from the Middle Ages, La Roche-Derrien was the stage for many battles, but was also known in the Trégor as the capital of linnen weavers, hence its nickname **Kapital Stoup**. The past of the town can be seen through its remains from the Middle Ages : Porte de la Maladrerie, Place du Pilori, Venelle des Anglais, Venelle d'argent, rue de la Fontaine.

Take some time to visit **Lannion**, economic capital of Trégor, but also historic town and city of art. Along the narrow streets, discover the richness of the town's architecture, its cobbled alleyways, half-timbered houses or slate houses... The emblem of the city remains the **church of Brélévenez** which dominates the city from the top of its picturesque 142 steps staircase. Be amazed !

A discovery map of the town is available at the Tourist Office.




The Tourist Office organises guided tours during July and August and for groups all year round.

For more information, please contact

 +33 (0)296 056 070

THE HOUSE OF ERNEST RENAN

This house, built in the late 16th century, typical for the architecture of the Trégor, became the birth house of Ernest Renan in 1823, a scientist with religious and political philosophy as his main interests. He was hugely influential in his lifetime. Many of the leading figures of the time knew him and read his works. His ideas were considered as progressive and modern. In 1947 his birth house became a museum dedicated to his life and work.

 maison-ernest-renan.fr

PLAYGROUND FOR NATURE LOVERS

Whether on land or water, you can enjoy the diversity of flora and fauna on a stroll along the river or by the sea. Throughout the year, the water sport centers, sailing schools and other partners offer a wide range of activities.

There are activities for **all levels and age groups** from the tiniest toddler to the oldest enthusiast.



• Golf of Saint Samson (Pleumeur-Bodou)

A unique and charming 18-hole golf course, situated on the beautiful Pink Granite Coast, in the middle of moorlands and pine forests.

+33 (0)296 238 734

golfhotel-saint-samson.com

• Golf of Bégard (Bégard)

A wonderful 18-hole golf course in a forested landscape not far away from the Pink Granite Coast. A friendly atmosphere at the clubhouse. Original stone buildings.

+33 (0)296 453 264

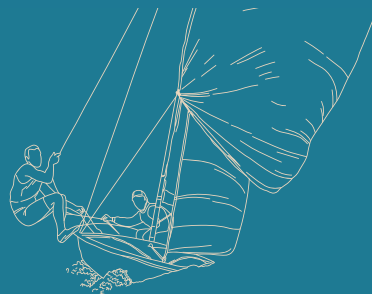
golfbegard.wixsite.com/begard-golfclub

• Horse riding

Numerous riding centres welcome you to share the joys of horse riding all year round. Welcome you to share the joys of horse riding. Lessons, beach rides, competitions, boarding, pony circus... There is something for every taste, all levels and ages (from 2 years old).

A list is on our website..

brittany-pinkgranitcoast.co.uk



LEISURE ACTIVITIES FOR THE ENTIRE FAMILY

Indoor or outdoor activities, to discover, learn or just to have fun. Simply enjoy ! Zoos and animal parks, educational centre on telecommunications, astronomy or ecology, swimming pools, leisure

centres... so many choices for all ages and tastes.

Find all the activities in our leisure guide, available in our information offices, and on brittany-pinkgranitcoast.co.uk

TRÉGASTEL MARINE AQUARIUM



Discover a diverse, colourful and surprising display of local marine life nestled in between magnificent giant pink granite boulders. Documents for the visit are translated in English.

+33 (0)296 234 858

aquarium-tregastel.com

SOUND DISCOVERY CENTER



An unusual leisure park in the countryside, 10 minutes from Lannion, to discover many fun and original activities, Enjoy the sounds and prick your ears ! The Musical Trail, the Sonifère Garden (open from summer) and the Cabanes d'écoute await you for new experiences!

+33 (0)296 546 199 cdson.org

PARC DU RADÔME 1 Park, 3 Worlds !

parcduradome.com/en



La Cité des Télécoms

The Cité des Télécoms is your playground, where you can discover, learn and play to heart's content. A 3-hour tour with games, animations, sounds and lights.



Le Planétarium de Bretagne

Embark on a journey through space. Thanks to ultra-high definition images projected on the 360° surrounding screen, the planetarium rockets you across our universe.



Le Village Gaulois

Peacefully set in the heart of a green valley, the Gallic Village is an atypical leisure park for having fun with nearly 30 original games, enough to give everyone a blast from the past.

Good deals ! Book your leisure activities in our Tourist Offices and website, and save money !

Only 1 pass for 3 activities

AWAKEN YOUR TASTE BUDS

All these simple, but noble products are cooked by our chefs who concoct the best dishes with exceptional flavours.

Find through us a range of partner gourmet restaurants, the Tourist Office and a list of local producers in our flavour guide and on our website.

WARENGHEM



Come and discover the secrets of the oldest whisky distillery in France by following the making of the Breton Armorik Single Malt whisky, from the stills to the ageing cellars. The visit ends with a commented tasting.

+33 (0)296 370 008
armorik.bzh/en/home

PHILOMENN



This traditional brewery, located on the banks of the Jaudy river, produces a beer of character such as the Trégor. A magical place to discover and a unique mousse to taste.

+33 (0)296 922 452 philomenn.fr

ALL YEAR ROUND WEEKLY MARKETS



- **Monday**
Trégastel
- **Tuesday**
Louannec, Plouaret, Ploulec'h, Trébeurden
- **Wednesday**
Ile-Grande, Tréguier
- **Thursday**
Lannion
- **Friday**
La Roche-Derrien, Lézardrieux, Loguivy-Plougras, Saint-Michel-en-Grève
- **Saturday**
Le Vieux-Marché, Penvénan, Pleubian, Pleumeur-Bodou, Ploumilliau
- **Sunday**
Lannion, Plestin-Les-Grèves
- **Tuesday until Saturday morning**
indoor market in Lannion

Find all of these visits and restaurants partners in the flavour guide available in our information offices and on our website.

brittany-pinkgranitcoast.co.uk

GET INTO THE DANCE !

The Trégor invites you to share its culture through the rich heritage of the region.


A mix between traditional Breton culture, modern marvels and local hospitality.

Throughout the year, the Tourist Office edits a weekly calendar of events: concerts, dance, circus, festivals, exhibitions, sports events, flea markets... Not to mention the famous **Fest Noz** : it is time to learn some Breton dance moves !

The Fest-Noz, a true symbol of Breton culture, has been listed in 2012 as an 'Intangible Cultural Heritage of Humanity' by the UNESCO.

A Fest-Noz is a **festive gathering** where people practice traditional dances from Brittany on the rhythm of music played or sung. And some of these dances date back to the middle ages.

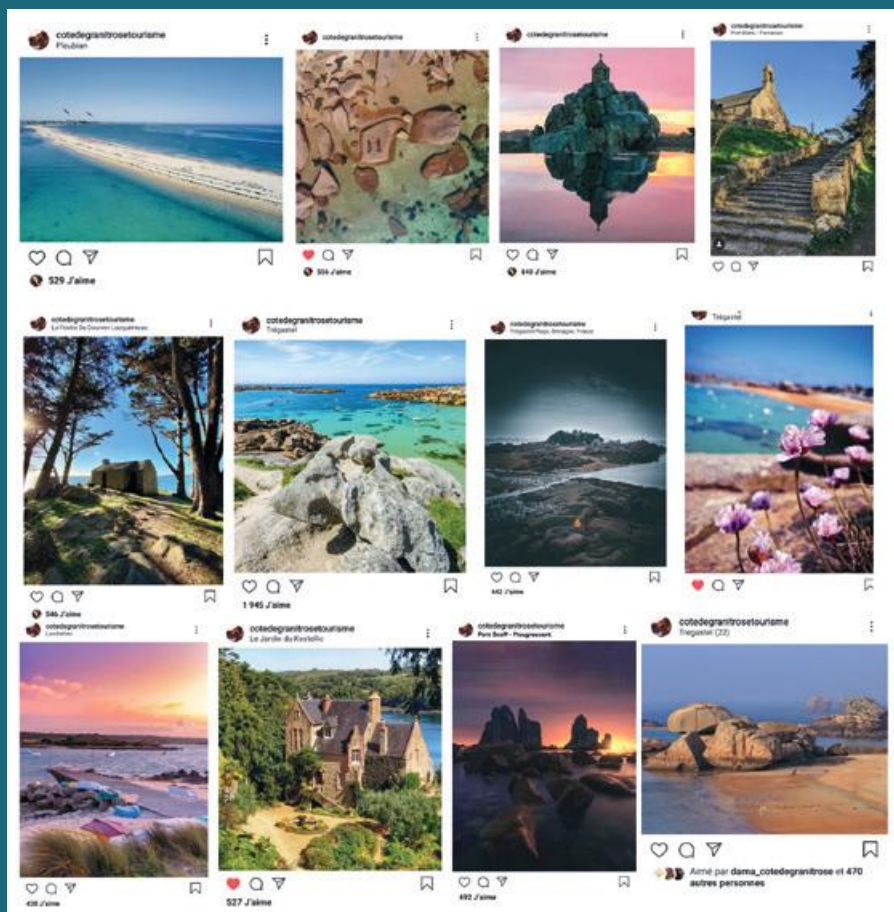
The Fest Noz agenda is also listed on this website :

 tamm-kreiz.bzh



#cotedegrantitrosetourisme

#cultiverlessentiel



Are you looking for accommodation ? Ask in one of our tourist information offices or on our website for the accommodation guide. Among the 200 addresses listed, you will undoubtedly find one that meets your expectations.

OFFICE DE TOURISME
BRETAGNE
CÔTE DE GRANIT
ROSE
CULTIVER L'ESSENTIEL

2 quai d'Aiguillon
22300 Lannion
France
+33 (0)296 056 070

www.brittany-pinkgranitcoast.co.uk